

**Date:** **Lesson start/end time:**

**Length of practice:** **Number of students:**

**Practice objectives**

**Number of Coaches :**

**Equipment:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Time** | **LESSON PLAN** | | |
| **Name of Activity** | **Description** | **Key Teaching Points** |
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End of Practice Annoucements: